

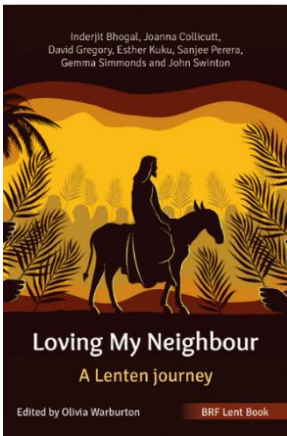
# Lent 2024 @ St John's and St Luke's

Lent, our time of prayer and reflection as we prepare for Easter, begins on **Ash Wednesday** – 14<sup>th</sup> February 2024. There will be services at St Luke's with Imposition of Ashes at 12noon and St John's at 7.30pm. Check out our website for further information:

[www.peterborough-stjohns.org.uk](http://www.peterborough-stjohns.org.uk)



## 'Love Lent' a course with Our chosen Lent Book 2024



'Loving My Neighbour' offers readings and reflections which consider how to love in truth, love the vulnerable and the suffering, embrace difference, care for our world, love ourselves, and love to the very end. It's never been more important to understand how much God loves us and how much he wants us to love each other. 'Loving My Neighbour' takes us on a journey through the challenging terrain of how we can truly love one another, individually and in our communities.

*We can read this daily at home, and then come together for 5 sessions to share a time of discussion with some opportunities for creative response too. There are two options: Tuesday mornings at St John's at 10.30am on 20<sup>th</sup>, 27<sup>th</sup> February, 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup> March or Wednesday evening online at 7pm (beginning on 21<sup>st</sup> February for 5 weeks).*

## Godly Play for LENT

Another opportunity to share some Godly Play stories that use objects and wondering to help us explore the pilgrimage of faith and the journey of life!

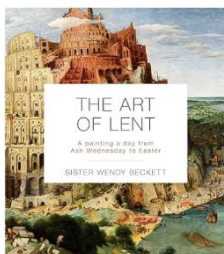


*Come along to 'Chill & Chat' at St Luke's on 20<sup>th</sup> March for coffee and cakes from 10am, at 11am we'll hear a story and finish with Midday Prayer at 12noon. You are also welcome to drop in to Chill & Chat any week between 10-12.*



## Fridays in LENT

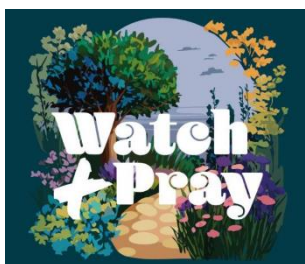
Our Eucharist Service on Fridays at St John's will offer prayer, readings and meditation for Lent. Join in at 12 noon on the Lady Chapel with lunch afterwards.



## Art for Lent

If you would prefer to follow some visual daily reflections, why not try using 'The Art of Lent' by Sister Wendy Beckett, where there is a masterpiece and a reflection for each day of Lent.

Each of the days is based around a different theme. From joy to tranquillity to courage to sacrifice - the messages from 'The Art of Lent' are short meditations that are designed to leave you with questions of your own to think about. This is one Lent Course you can follow from the comfort of your own home!



## Church of England website

Get free daily Lent reflection emails straight to your inbox or download the app to get them to your phone. They will offer Bible readings, short reflections and a practical challenge, as well as prayers linked to weekly themes.

[www.churchofengland.org/faith-calling/what-we-believe/lent-holy-week-and-easter/watch-and-pray-resources-lent-2024](http://www.churchofengland.org/faith-calling/what-we-believe/lent-holy-week-and-easter/watch-and-pray-resources-lent-2024)

For information about the meaning of each of the different days that make up Lent and Easter see

[www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter](http://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter)

## Confirmation?

If you feel you'd like to know more about the Christian Faith and how you can take the next step on your own journey then do talk to Revd Michelle or Revd Becka about Confirmation for young people aged 10+ and adults.

## Prayer Tables

Do explore the Lent focus Prayer Tables at both churches with a range of resources to support your Lenten journey and some items to take and use at home.

## Further ahead....

look out for further information about services in Lent and Easter. Dates for your diary are: *Mothering Sunday 10<sup>th</sup> March, Palm Sunday 24<sup>th</sup> March, Maundy Thursday 28<sup>th</sup> March, Good Friday 29<sup>th</sup> March, Holy Saturday 30<sup>th</sup> March, Easter Day 31<sup>st</sup> March.* Look out for further details of services and events in March and April as we draw close to the Mystery of Easter.

**Feel free to chat with Revd Michelle or Revd Becka if you would like any further information, or check out the website:**

[www.peterborough-stjohns.org.uk](http://www.peterborough-stjohns.org.uk)